

INTERNET SAFETY

Best Practices - 8 Steps to keeping your family safe

Why Keep our Kids Safe?

37% of young people experience cyberbullying on a highly frequent basis.

7 in 10 young people are victims of cyberbullying.

81% of youth said that others cyberbully because they think it's funny.

A 2012 survey of 2,136 teen boys and girls found that over a quarter of the participants reported having sent sexually explicit photos of themselves.

36% of teen girls and 39% of teen boys say it is common for nude or semi-nude photos to get shared with people other than the intended recipient.

Best Practices

1. Keep all Devices, and device usage in a common place.

Devices should not be used in a closed bedroom.

Devices should be put in a common place at night (bedtime).

2. Know ALL passwords and logins.

If you have a mobile device, have your child's email come to your device.

3. Set Limits.

How, where, when, why and how long

Be consistent!

4. Set proper expectations of guidelines.

5. Conduct regular, unannounced device checks.

Follow through!

6. Know what parental controls already exist on a device.

If not, find someone who does.

7. Use the "Buddy System".

Let other parents know what rules you have.

Help each other to enforce these rules.

8. Sign/Create a Contract.

Family Contract - <http://goo.gl/tKeXGf>

Kids Pledge - <http://goo.gl/177uXo>

Credits and other Resources

Safe Kids Worldwide - <http://www.safekids.org/>

Family Online Safety Institute - <https://www.fosi.org/>

Sexting Facts and Stats - <http://resources.uknowkids.com/facts-stats-sexting>

Bullycide Facts & Stats - <http://resources.uknowkids.com/facts-stats-bullycide>

uknowkids Resources - <http://resources.uknowkids.com/>

Mobile Device Parental Controls - <http://goo.gl/yACppe>